



~ SPIRIT ~

Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.

August 2017

Longing
a deep gnawing with sharp
teeth eats at my soul
dull or sharp it never leaves
but whispers and shouts for
my attention
list it says
listen, I am speaking your
truth do not fear the silence,
the dark whispers
they are the God breath of
new life.

~ Sr. Teresa Jackson, OSB



What Is a Spiritual Director?

The term "spiritual director" has many associations and a long history in the Abrahamic faiths traditions, where it was been closely associated with certain strands of Judaism, with spiritual directors referred to as "*Hashpa'ah*" or "*Mashpa'h*", (depending on the strand); Christian and, much later, in particular Ignatian spirituality; and in the Islamic Sufi path, where the spritual director is know as a "*Murshid*". But even within these traditions there is great (and increasig) variability in how the terms are used, defined and contextualized. The common approach that they share is that in all of them, the spiritual director looks to engage with seekers in an open and non-judgmental way, steeped contemplative practice and deep listening, to provide guidance and enable seekere to get closer to God. [Read more...](#)



2017-2018 Membership Year

As our new fiscal year begins on July 1, so does our 2017-2018 membership year. Our board members should soon be contacting you about renewing your membership. If you know of any trained spiritual directors who are currently not members of our association, please feel free to forward this newsletter to them and encourage them to join. We look forward to another year of fruitful journey together?

UPCOMING RETREATS AND WORKSHOPS

**New Orleans Archdiocesan Spirituality Center
2501 Maine Ave.
Metairie, LA 70003**

Can Dreams Enhance Spiritual Growth: (open to general public)
Friday, October 6, 2017, 7:00-9:00pm

Finding the Gift of the Shadow: Accepting and Embracing Your Unloved Side

(continuing education for spiritual directors)
Saturday, October 7, 2017, 9:00am - 4:00pm

Both sessions presented by Sr. Janice Bachman, OP

Please register by calling (504) 861-3254 or email archspirctr@arch-no.org

**Mature Masculinity
A Weekend Retreat with Jim Clarke
Challenges Facing Every Man in Today's World
Feliciana Retreat Center
10274 Louisiana 422
Norwood, La, 70761**

October 6-8, 2017

[Register now at this link](#)

**The Little Way:
A Journey Along St. Theresa's Path of Confidence and Love**

Jesuit Spirituality Center
Grand Coteau, Louisiana
Robin Hebert

Thursday, January 18 - Sunday, January 21, 2018

[Register now at this link](#)



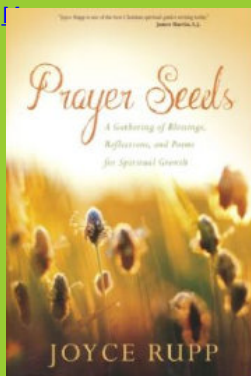
READERS'S



CORNER

Prayer Seeds: A Gathering of Blessings, Reflections, and Poems for Spiritual Growth

Some of Sr. Joyce Rupp's most perennially popular books have been collections of her original prayers, blessings, poems, and reflections. In *Prayer Seeds...*, the bestselling author and retreat leader offers almost a hundred new selections on a variety of themes such as the feasts and seasons of the liturgical year, compassion, ministry, difficult times, [Read](#)



SOMETHING TO PONDER...

"Spiritual desire is the experience of God's presence in us or it may be the absence of God as well, since a feeling of absence may stimulate a yearning for God.

It is the experience of delightful love and

of fearful emptiness."
Sr. Ilie DeL, OSF
Franciscan
Prayer



TAKE NOTE

Inspiring advice to spiritual directors from Brother David Steindl-Rast

In one of the most popular Youtube videos ever produced by SDI, Brother David Steindl-Rast gave inspiring advice to all spiritual directors. He has a refreshingly simple and openhearted approach to prayer. [Listen and watch](#). He is the co-founder of the website, [Gratefulness](#), which has lovely ideas for how to practice gratefulness.



Keeping your membership current...

Let's not forget that our membership status is concurrent with the fiscal year which runs from July 1 - June 30. To access a membership form, please click on [this link](#). If you have any questions, please contact [Elsa Mendoza](#).

Comments? Questions? Suggestions for future articles?
Want information on membership?



Louisiana Spiritual Directors, Inc. (LASD) is an association of trained Spiritual Directors formed to promote continuing education, fellowship and information for Spiritual Directors within Louisiana.

Follow Us



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