



~ SPIRIT ~

Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.

May 2017

The spiritual journey is a lifelong path and is often compared to a climb up a mountain. The sacred voice echoing from the summit entices the pilgrim ever closer and offers gentle guidance along the way. The spiritual director follows silently behind the pilgrim, available when the pilgrim desires to turn around and ask, "What just happened? What am I hearing? What is the next step I'm called to take on this journey?"

*~ Brent
Anderson*



UPCOMING RETREATS AND WORKSHOPS

New Orleans Archdiocesan Spirituality Center
2501 Maine Ave.
Metairie, LA 70003

Can Dreams Enhance Spiritual Growth: (open to general public)
Friday, October 6, 2017, 7:00-9:00pm

Finding the Gift of the Shadow: Accepting and Embracing Your Unloved Side (continuing education for spiritual directors)
Saturday, October 7, 2017, 9:00am - 4:00pm
Both sessions presented by Sr. Janice Bachman, OP

Please register by calling (504) 861-3254 or email archspirctr@arch-no.org

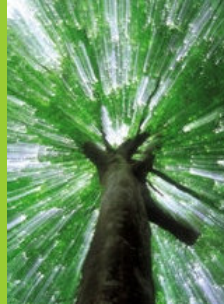


READERS'S CORNER

Always Discerning: An Ignatian Spirituality for the New Millennium

~ by [Joseph A. Tetlow, S.J.](#)

Pope Francis has explicitly and repeatedly stated that discernment is essential for anyone who is a follower of Jesus Christ. But what, exactly, is discernment? Why must we do it? When do we do it? How should we do it? In *Always Discerning*, Joseph A. Tetlow, SJ, delves thoughtfully into these questions and shares how lay Christians can implement discernment into not only life's big decisions but also into everyday, more mundane choices we constantly find ourselves having to make. [Read more...](#)



SOMETHING TO PONDER...

*"As God finds you,
so God takes and
receives you..."*

~ Meister Eckhart



TAKE NOTE

The *SDI Learns from...* educational video series is a free gift to you. Learn about the value and benefits found in spiritual direction and contemplative practice from wise, diverse leaders, and teachers in the global learning community of Spiritual Directors International. To be the first to view new educational videos, [subscribe to the SDI YouTube channel](#). This web video series is available on the [SDI YouTube Channel](#) and is also [available on DVD](#) for personal or teaching use (not for resale). [Read more...](#)



Keeping your membership current...

Let's not forget that our membership status is concurrent with the fiscal year which runs from July 1 - June 30. To access a membership form, please click on

[this link](#). If you have any questions, please contact [Elsa Mendoza](#).

Comments? Questions? Suggestions for future articles?
Want information on membership?



Louisiana Spiritual Directors, Inc. (LASD) is an association of trained Spiritual Directors formed to promote continuing education, fellowship and information for Spiritual Directors within Louisiana.

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