



## ~ SPIRIT ~

*Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.*

**June 2016**

### **A Summer Prayer**

Long warm days...  
The pace of life slows...  
A time for picnics and rest in the shade...  
Lord, help me to rest awhile  
in the cooling shade of your presence.  
Slow down my restless heart and fill me  
with gentle compassion for all your people.  
Amen.

*- Author Unknown*



### **ARE YOU PROPERLY LISTED IN THE LASD WEBSITE?**

We are doing our best to ensure that all LASD members who have given permission to be included in the website directory are so listed. Please check at [this link](#) to see if you are indeed listed and that your information is correct. If not, please contact our Board Secretary, [Elsa Mendoza](#).

### **REMINDER-REMINDER**

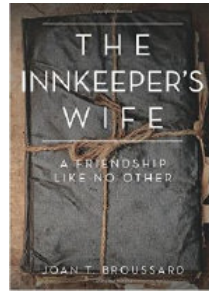
Our 2017 Conference will be held February 17-19 at the Wesley Center in Woodworth. Presenter: [Br. Don Bisson](#). Please mark your calendars! Hope to see you there!





**PRESS RELEASE**

MAY 2016, Tate Publishing announces the release of a highly anticipated book, **The Innkeeper's Wife**, by Youngsville author, Joan T. Broussard, Parishioner at St. Anne Catholic Church.



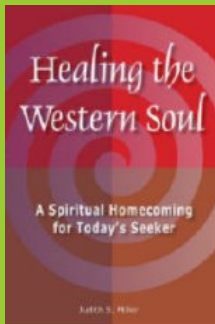
For more information [click here](#)



**READER'S CORNER**

*Healing the Western Soul: A Spiritual Homecoming for Today's Seeker*  
by Judith S. Miller

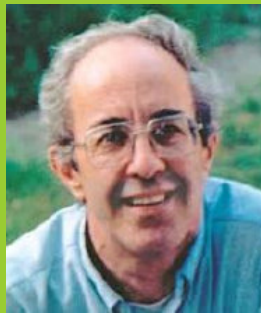
While all traditions reflect the same Source, spiritual development is about opening ourselves to our essence and our roots," states Miller in her book released in 2015. Book reviewer Teresa Di Biase tells us that for people of the West, these roots are entwined in the mystical traditions of Judaism and Christianity. Miller's most important spiritual teacher is the twentieth-century Christian mystic Evelyn Underhill, and in the book's final section she outlines a process of spiritual awakening, illumination, and union that is based on Underhill's five-stage mystical path.



**SOMETHING TO PONDER . . .**

*Did I offer peace today? Did I bring a smile to someone's face? Did I say words of healing? Did I let go of my anger and resentment? Did I forgive? Did I love? These are the real questions. I must trust that the little bit of love that I sow now will bear many fruits, here in this world and the life to come.*

- Henri Nouwen



**TAKE NOTE**

**MORE RESOURCES FROM SDI!**

SDI recommends all spiritual companions use the *Guidelines for Ethical Conduct* to help clarify the relationship and boundaries between a spiritual director and seeker. Lucy Abbott Tucker, a member of the task force that created the *Guidelines for Ethical Conduct*, has prepared teaching notes for free download on the [SDI website](#). Download the free teaching notes [here](#).



Comments? Questions? Suggestions for future articles?  
Want information on membership?



**Louisiana Spiritual Directors, Inc. (LASD)** is an association of trained Spiritual Directors formed to promote continuing education, fellowship and information for Spiritual Directors within Louisiana.



Louisiana Spiritual Directors, Inc.  
2081 Fourth Street  
Lake Arthur, Louisiana 70549-4462