



## ~ SPIRIT ~

*Monthly notes and inspiration from Louisiana Spiritual Directors, Inc.*

**May 2016**

*Our duty, as men and women, is to proceed as if limits to our ability did not exist. We are collaborators in creation.*

*- Pierre Teilhard de Chardin*



ARCHDIOCESAN  
**SPIRITUALITY CENTER**

**SPIRITUAL DIRECTION WORKSHOP**

**When:**

\* **Friday, September 29, 2016, 7:00-9:00 PM:** Open to all, based on The Poetry of John of the Cross (suggested fee: \$10.00)

\* **Saturday, October 1, 2016, 9:30 AM-4:00 PM:** For trained, certified

spiritual directors, based on St. John of the Cross (suggested fee: \$50.00)  
**Where:** Archdiocesan Spirituality Center, 2501 Maine Ave, Metairie, LA.  
**Presenter:** Sr. Beth Fitzpatrick, OCarm.

For more information or registration, contact Doris at the Archdiocesan Spirituality Center at 504-861-3254 or email at [archspirctr@arch-no.org](mailto:archspirctr@arch-no.org).

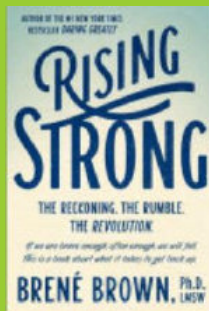


## READER'S CORNER

*Rising Strong*  
by Brené Brown

Book reviewer Karen L. Erlichman tells us that, "As spiritual directors, we provide a safe space for people to listen deeply to their own souls and to the still small voice of God. In doing so, we also offer an opportunity for them to experience their vulnerability and their strength. Researcher, writer, and social work educator Brené's Brown's most recent book, *Rising Strong*, is her fourth book about shame, vulnerability, and courage.

[Read more...](#)



## SOMETHING TO PONDER . . .

*Feelings, names, and qualities of the Sacred are really limitless. But finding ourselves capable of a hundred or so different feelings and responses to life is a good start toward self-knowledge and ultimately, greater joy and fulfillment.*

-Neil Douglas-Klotz in [The Sufi Book of Life](#)



## TAKE NOTE

[Free Teleconference: Spiritual Direction 101](#)

**Date:** August 16, 2016  
**Presenter:** Lauren Burdette

Do you know anyone who is curious about spiritual direction? Would you like to assist them in finding a spiritual companion to help them listen for the ways the Mystery that many name God is inviting us to become more fully alive? Wondering how to take the first step? Join us for a free teleconference and learn how to begin.



Comments? Questions? Suggestions for future articles?  
Want information on membership?



**Louisiana Spiritual Directors, Inc. (LASD)** is an association of trained Spiritual Directors formed to promote continuing education, fellowship and information for Spiritual Directors within Louisiana.



Louisiana Spiritual Directors, Inc.  
2081 Fourth Street  
Lake Arthur, Louisiana 70549-4462

